

Walking Through China

by Benita Story (c) 2013



One day, in the middle of summer, a guard upon the Wall of China called his son to him. Then he swept his arm out, drawing his son's gaze out to the beauty of the land south of the wall and said, "My son, see all of China before you. It is a great honor to be a guard upon this wall that protects our country and its people from the invasion of the wildmen from the north. It would do my heart proud to see you follow me in this worthy profession."

The son, turning his eyes from the land beneath the wall, looked at his father and replied, "I know, Honored Father, that to follow you as a guard on the Great Wall would please you and would bring honor upon me, but I am not sure that it is what my future holds. How can I be sure that this is to be my life?"

The father looked gravely at his son and thought for a time. Then, he said, "You speak with wisdom, my son. To follow a path that is not your own is not good. A man must follow the path toward the future that is set aside for him and him alone." The father looked up at the land and considered what he must do. A plan came to him as a gift and he presented it to his son.

"My son, here is what I will do for you. I will give you money enough to sustain you for one year. For that year, you will walk though China, visiting villages, great cities, and temples. You will meet the people and you will see what a great land China is and all it has to offer you. At the end of that year, you will return to me and tell me if you have found the path to your future. It would please and honor me greatly if you were to see that guarding these people and this land is your rightful future, but whatever you decide, I will not stand and block you from taking the path that is yours."

With that, he took his son to their hut and presented him with a purse of money, as well as a sword and a knife so that he might be safe in his journey. Then he kissed his son and set him onto the road and waved until his son was lost to his sight. Then he returned to his post and prayed for his son.

The son had never had possession of so much money and he looked forward to seeing the great country of China for himself. First he visited great cities and saw many wonderful things. He watched the artisans who created the porcelain vases, bowls and plates that were to be gifted to the emperor himself. He asked what he must do if he, too, were to work with porcelain and the colorful glazes in order to make this his life's work. They replied that it took many, many years of apprenticeship and that he would be a master before he was allowed to create anything for the emperor. He decided that this was not his path, but he bought a small cup of blue and white as a gift for his father.

The son walked long distances and saw many places and people. Twice he had to defend himself with his sword while traveling through unpopulated areas, and his journey was half over when he happened onto a small village at the foot of a tall mountain. In this village, he saw a shop that sold tea and he honored them by stopping and partaking of their company.

While there, the couple who owned the shop showed him their home and the ponds that surrounded the base of the mountain, each filled with brightly colored koi fish. The son spent many hours drinking the tea and watching the fish as they swam peacefully in their watery homes. As he did, he thought about what he had seen and the places he had visited. And he knew he had not yet found the correct path to his future.

So the boy paid the couple for their hospitality and bade them good-bye and continued on his journey. As he walked through fields and farmland, he came to a village surrounded by mulberry trees and that contained many long and large buildings. In the buildings girls and women tended to thousands of trays full of white caterpillars all busily eating the fresh mulberry leaves that had been harvested for them.

When the girls and women saw him, they smiled and told him that they were feeding and caring for the valuable silk worm. Their own silk worms were of the finest and whitest and were reserved for the emperor himself and his wife because they wore white inside the palace. Another house produced the silk that was dyed yellow for the clothes the emperor and his wife wore when they left the palace. And still other houses produced the silk that the rest of the royal family and couriers wore.

When the boy asked if he could learn how to raise silk worms, the girls and women laughed. Raising silk worms was work for women and not for a man, they told him. The boy realized that this would not be his path and asked if there was a place where he could spend the night before traveling on. One of the girls took him to her grandfather's house.

The aged and honorable old man asked the boy about himself and the boy told about his father and about the journey he was on. The man listened to him very carefully, then told the boy about a temple high in the mountains to the north where there lived a group of wise monks. Perhaps, the monks could pray with him and burn the incense that was pleasing to the gods and to help him find the answer he was seeking.

The very next day, the boy left the village of the silk worms, and he began the long, hard journey to and up the mountain to the temple where the wise monks lived. It took him nearly a month, but one day, he came to a wide blue river and before him was a tall mountain covered in pine trees and, at the top of that mountain, he could see the peaked roof of the temple.

This late in the season, the river was low and sluggish in its trip to the sea, so the boy decided to swim across rather than build a raft. It was very wide and the boy was very tired, but, as the sun was beginning to set in the west, he made it. That night, he camped at the base of the mountain, eating fish that he caught in the river and cooking them over a fire he had built. And then he slept long and peacefully.

Early the next morning, the boy packed up his belongings and tied them tightly to his back. The path before him was steep and treacherous and a full day passed before he once again saw the peaked roof of the temple rising up out of the pines before him. He had arrived.

The monks, greeted him and took him in, bathed him and treated his feet which were cut from the sharp rocks along the path up from the river below them. He told them about his father and his journey and they agreed to help him find his path.

Over the next few weeks, the boy lived, prayed, worked and ate with the monks. and in the end, the boy realized that he had found the correct path to his future through the prayers. When his answer came to him, he thanked the monks and bade them good-bye, then began his journey back to his father and the Great Wall that protected his vast and beautiful country.

As the year was approaching its end, the father, while walking along his portion of the wall, began to watch for his son's return. He had prayed that his son was kept safe, and that the path that would please the gods was the one he, himself, had followed, and that

his son would be with him as a guard for the rest of his life. The days never grew weary for the father, and the other guards saw that he was more vigilant than ever in his duties. Then there came a morning, when the father felt in his heart that he would see his son before the sun sank that day.

Just as the sun was touching the western horizon, the father looked out from his wall and saw someone walking up the road. He said a prayer of thanks and ran to welcome his son home. That night, while they shared their simple meal over the fire in their hut, the son told his father about his journey, and presented him with the cup he had purchased. Then he gave his father the remainder of the money gifted to him. The father smiled to himself for he thought the son would not need the money for another journey if he had decided to stay and be a guard.

At the end of the son's tale, the father asked, "And have you found your path to your own future?"

The son looked into the fire, and replied, "I have, Honored Father, and I have you and the gods to thank for showing me the way."

Then the son turned and looked into his father's eyes. "I am sorry for you that it is not to follow in your own path as a guard upon this Great Wall, for my path must be very different. My path leads me over a wide, blue river and up a very tall mountain to a temple with a group of wise monks who daily pray for the health and safety of the emperor, the people of China and for the men who protect all of us. I am to be a monk." With that, the son gave back the sword and knife his father had loaned him for his journey.

Tears formed in his father's eyes. "My son, you are a very wise person. There is only one profession that is more honorable than that of a guard and that is being a monk, for both a guard and a monk work to protect our country, but a monk works directly with the gods to do so."

The next morning, the father blessed his son and his son's journey and the son left to go back to the mountain temple up among the pines. As the son walked, he watched his father walking along the top of the Great Wall. When he could no longer see the figure of his father, the son turned and walked on.

The End

Yarn used is Cascade 220 Fingering Weight. It is recommended using reinforcement yarn in green or a neutral color when knitting the heel flap, heel turn and toe decreases. This will increase the life of these socks greatly.

Gauge: 9 rows and 5 stitches = 1 inch.

Size US2 needles, either set of 5 dpns or 8" or 9" circular such as Addi or Hiya Hiya.

Cast on 72 stitches in 8894 Christmas Green either over two needles, over a needles 2 sizes larger, or using a super stretchy cast on, and join in the round making sure the stitches are not twisted. Begin knitting row one of Chart One for the leg.

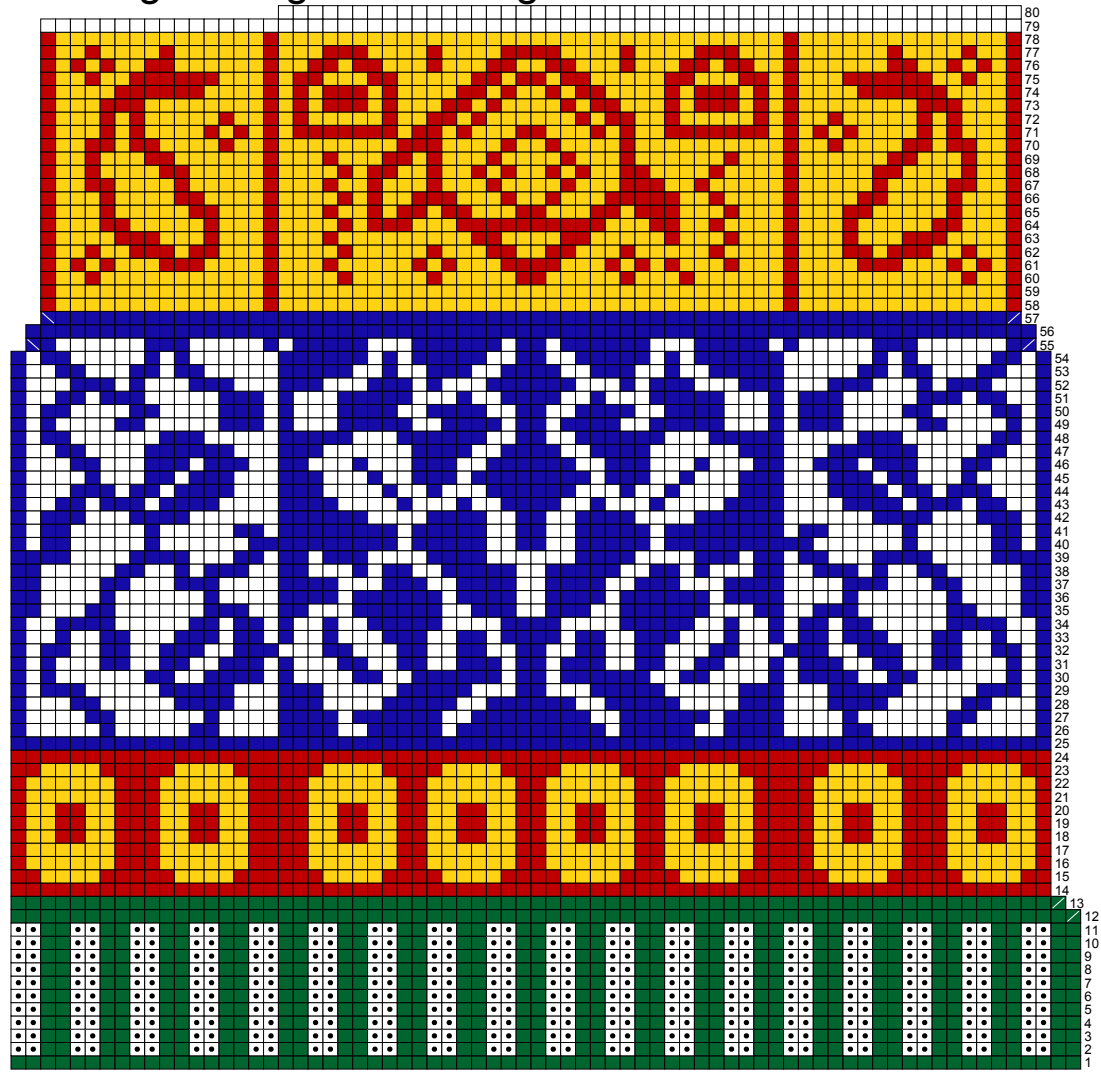
When you have completed Chart Two - The Heel Flap and Heel Turn, continue using 8894 Christmas Green yarn, and pick up the 16 slipped stitches along the side of the heel flap, knit along the instep, then pick up and knit the 16 slipped stitches along the other side of the heel flap. Then knit the first 6 stitches of the 12 remaining stitches of the heel turn. This will bring you back to the center back and the beginning of the first round of Chart Three. Place marker and begin Chart Three at this point.

This sock is written for a women's size US7 foot. If your foot is longer than 9 inches, before you begin the toe decreases on Chart Three, knit two rows of 7827 Goldenrod and two rows of 9568 Twilight Blue for every 1/2 inch of needed length.

To cast off, simply break off the yarn, leaving at least 12", and, using a tapestry needle, thread the remaining stitches onto the tapestry needle, going around twice. Then pull the opening closed, poke the needle through the center and weave in the end on the wrong side. Weave in all remaining ends. Sock should be hand-washed and either blocked on sock blockers or laid flat to dry.

If you have any questions regarding this pattern, please contact me at basicallybenita@yahoo.com. Happy knitting!

Walking Through China Leg



Yarn		Stitches	
8894 Christmas Green (A)		1	
8505 White (B)		2	
8895 Christmas Red (C)		k2tog	
7627 Goldenrod (D)		sk	
9568 Twilight Blue (E)			

Round 1: K72 in A.

Rounds 2-11: [K2 in A, p2 in B] 18 times.

Round 12: K2tog in A, k71 in A.

Round 13: K2tog in A, k70 in A.

Round 14: K70 in C.

Round 15: [K2 in C, k4 in D, k3 in C] twice, [k3 in C, k4 in D, k1 in C] 4 times, k2 in C, [k3 in C, k4 in D, k2 in C] twice.

Rounds 16-17: K1 in C, k6 in D, [k3 in C, k6 in D, k1 in C] twice, [k1 in C, k6 in D, k1 in C] twice, [k1 in C, k6 in D, k3 in C] twice, k6 in D, k1 in C.

Rounds 18-20: K1 in C, k2 in D, k2 in C, k2 in D, [k1 in C, [k2 in C, k2 in D] twice, k1 in C] twice, [k1 in C, k2 in D, k1 in C] 4 times, [k1 in C, [k2 in D, k2 in C] twice, k1 in C] twice, k2 in D, k2 in C, k2 in D, k1 in C.

Rounds 21-22: K1 in C, k6 in D, [k3 in C, k6 in D, k1 in C] twice, [k1 in C, k6 in D, k1 in C] twice, [k1 in C, k6 in D, k3 in C] twice, k6 in D, k1 in C.

Round 23: [K2 in C, k4 in D, k3 in C] twice, [k3 in C, k4 in D, k1 in C] 4 times, k2 in C, [k3 in C, k4 in D, k2 in C] twice.

Round 24: K70 in C.

Round 25: K70 in E.

Round 26: K1 in E, [k5 in B, k1 in E] twice, k1 in E, k4 in B, k4 in E, k2 in B, [k5 in E, k1 in B, k5 in E] twice, k2 in B, k4 in E, k4 in B, k2 in E, [k5 in B, k1 in E] twice.

Round 27: K1 in E, k4 in B, k2 in E, k2 in B, [k4 in B, k1 in E] twice, k3 in E, k1 in B, [k6 in E, k2 in B, k2 in E] twice, k4 in E, k1 in B, k3 in E, [k1 in E, k4 in B] twice, k2 in B, k2 in E, k4 in B, k1 in E.

Round 28: K1 in E, k3 in B, k2 in E, k5 in B, k1 in E, [k3 in E, k3 in B] twice, k1 in B, [k5 in E, k2 in B, k1 in E] twice, k4 in E, k1 in B, [k3 in B, k3 in E] twice, k1 in E, k5 in B, k2 in E, k3 in B, k1 in E.

Round 29: K1 in E, k1 in B, [k3 in E, k5 in B, k5 in E, k3 in B] twice, k2 in E, [k3 in B, k5 in E, k5 in B, k3 in E] twice, k1 in B, k1 in E.

Round 30: K1 in E, k1 in B, k1 in E, k4 in B, [k2 in B, k2 in E] twice, k1 in E, [k1 in E, k1 in B] twice, k1 in B, [k2 in B, k2 in E] twice, k2 in E, [k2 in E, k1 in B] twice, k4 in E, [k2 in E, k2 in B] twice, k1 in B, [k1 in B, k1 in E] twice, k1 in E, [k2 in E, k2 in B] twice, k4 in B, k1 in E, k1 in B, k1 in E.

Round 31: [[K1 in E, k1 in B] twice, [k2 in B, k2 in E] 3 times] twice, [k1 in E, k1 in B, k1 in E] twice, [[k2 in E, k2 in B] 3 times, [k1 in B, k1 in E] twice] twice.

Round 32: K1 in E, k1 in B, k2 in E, [k2 in B, k2 in E] twice, k1 in E, k2 in B, k1 in E, [k2 in E, k3 in B] twice, [k2 in E, k2 in B] 4 times, [k2 in E, k3 in B] twice, [k3 in E, k2 in B] twice, k2 in E, k2 in B, k2 in E, k1 in B, k1 in E.

Round 33: K1 in E, [k2 in B, k1 in E] twice, k1 in E, k3 in B, k1 in E, [k2 in E, k1 in B] twice, [k1 in E, k2 in B] twice, k1 in B, k3 in E, k2 in B, [k2 in E, k1 in B, k2 in E] twice, k2 in B, k3 in E, k1 in B, [k2 in B, k1 in E] twice, [k1 in B, k2 in E] twice, k1 in E, k3 in B, k2 in E, [k2 in B, k1 in E] twice.

Round 34: K1 in E, k2 in B, k4 in E, k5 in B, k1 in E, [k1 in E, k1 in B, k1 in E] twice, [k2 in B, k1 in E] twice, k4 in E, [k4 in B, k4 in E] twice, k1 in E, k1 in B, [k1 in B, k1 in E, k1 in B] twice, [k2 in E, k1 in B] twice, k4 in B, k4 in E, k2 in B, k1 in E.

Round 35: [K2 in E, k3 in B] twice, k3 in B, k1 in E, [k2 in E, k2 in B] twice, k1 in B, k3 in E, [k3 in E, k2 in B] 3 times, k6 in E, k1 in B, [k2 in B, k2 in E] twice, k1 in E, k3 in B, [k3 in B, k2 in E] twice.

Round 36: K2 in E, [k4 in B, k1 in E, k2 in B] twice, k2 in B, [[k4 in E, k1 in B, k2 in E] twice, k2 in E, k2 in B] twice, [k2 in B, k1 in E,

k4 in B] twice, k2 in E.

Round 37: K2 in E, k1 in B, [k3 in B, k2 in E] twice, k1 in E, k4 in B, k4 in E, k3 in B, [k3 in E, k2 in B, k1 in E] 3 times, k2 in E, k3 in B, k4 in E, k4 in B, k1 in E, [k2 in E, k3 in B] twice, k1 in B, k2 in E.

Round 38: K2 in E, k5 in B, k2 in E, k1 in B, [k1 in B, k1 in E] twice, [k2 in E, k2 in B] twice, [k1 in B, k1 in E] twice, k1 in E, k2 in B, [k5 in E, k2 in B] twice, k1 in E, [k1 in E, k1 in B] twice, [k2 in B, k2 in E] twice, [k1 in E, k1 in B] twice, k1 in B, k2 in E, k5 in B, k2 in E.

Round 39: K4 in E, k4 in B, k4 in E, k2 in B, [k1 in B, k2 in E] 3 times, k1 in E, [k4 in B, k4 in E, k2 in B] twice, k2 in B, k1 in E, [k2 in E, k1 in B] 3 times, k2 in B, k4 in E, k4 in B, k4 in E.

Round 40: K1 in E, k1 in B, k1 in E, [k1 in E, k5 in B] twice, k1 in B, k5 in E, [k5 in E, k1 in B] twice, k1 in B, k2 in E, k1 in B, [k1 in B, k5 in E] twice, k5 in E, k1 in B, [k5 in B, k1 in E] twice, k1 in E, k1 in B, k1 in E.

Round 41: K1 in E, k1 in B, k2 in E, [k5 in B, k1 in E] twice, k1 in E, k1 in B, k3 in E, [k5 in E, k1 in B] twice, k1 in B, k2 in E, k1 in B, [k1 in B, k5 in E] twice, k3 in E, k1 in B, k2 in E, [k5 in B, k1 in E] twice, k1 in E, k1 in B, k1 in E.

Round 42: K1 in E, k1 in B, k3 in E, k3 in B, k4 in E, k6 in B, k6 in E, k4 in B, k4 in E, [k2 in B, k2 in E] twice, k2 in E, k4 in B, k6 in E, k6 in B, k4 in E, k3 in B, k3 in E, k1 in B, k1 in E.

Round 43: K1 in E, k1 in B, [k1 in B, k2 in E] twice, k1 in E, k1 in B, [k4 in E, k4 in B] twice, k1 in E, k1 in B, [k2 in B, k1 in E] twice, k2 in E, [k1 in E, k2 in B] twice, k1 in B, k1 in E, [k4 in B, k4 in E] twice, k1 in B, k1 in E, [k2 in E, k1 in B] twice, k1 in B, k1 in E.

Round 44: K1 in E, k3 in B, k2 in E, [k1 in E, k1 in B, k1 in E] twice, [k3 in E, k3 in B] twice, [k1 in B, k1 in E, k1 in B] twice, k2 in B, k6 in E, k2 in B, [k1 in B, k1 in E, k1 in B] twice, [k3 in B, k3 in E] twice, [k1 in E, k1 in B, k1 in E] twice, k2 in E, k3 in B, k1 in E.

Round 45: K1 in E, k1 in B, [k3 in B, k1 in E] twice, k1 in E, k1 in B, [k3 in E, k3 in B] twice, k1 in E, k2 in B, k3 in E, k1 in B, k8 in E, k1 in B, k3 in E, k2 in B, k1 in E, [k3 in B, k3 in E] twice, k1 in B, k1 in E, [k1 in E, k3 in B] twice, k1 in B, k1 in E.

Round 46: [K1 in E, k3 in B, k1 in E] twice, k2 in E, k1 in B, k3 in E, k2 in B, k1 in E, [k1 in E, k3 in B] twice, [k3 in E, k2 in B, k3 in E] twice, k3 in B, k1 in E, k1 in B, [k2 in B, k2 in E] twice, k1 in E, k1 in B, k2 in E, [k1 in E, k3 in B, k1 in E] twice.

Round 47: K1 in E, k2 in B, k2 in E, k4 in B, k3 in E, [k3 in E, k3 in B] twice, k3 in B, [k4 in E, k2 in B] 3 times, k1 in B, [k3 in B, k3 in E] twice, k3 in E, k4 in B, k2 in E, k2 in B, k1 in E.

Round 48: K1 in E, k1 in B, k2 in E, k6 in B, k3 in E, k2 in B, [k3 in B, k5 in E] twice, [k1 in E, k2 in B, k1 in E] twice, k5 in E, k3 in B, k2 in E, [k3 in E, k5 in B] twice, k1 in B, k2 in E, k1 in B, k1 in E.

Round 49: K1 in E, k1 in B, k1 in E, k4 in B, k2 in E, k5 in B, k2 in E, [k1 in E, k1 in B] twice, k2 in B, k5 in E, k2 in B, k2 in E, [k2 in E, k1 in B] twice, k4 in E, k2 in B, k5 in E, k2 in B, [k1 in B, k1 in E] twice, k2 in E, k5 in B, k2 in E, k4 in B, k1 in E, k1 in B, k1 in E.

Round 50: K1 in E, k1 in B, k2 in E, [k4 in B, k2 in E] twice, [k1 in E, k1 in B] twice, k2 in B, k2 in E, [k2 in E, k2 in B, k4 in E, k2 in B] twice, k4 in E, k2 in B, [k1 in B, k1 in E] twice, k2 in E, [k4 in B, k2 in E] twice, k1 in B, k1 in E.

Round 51: K1 in E, k1 in B, [k1 in B, k2 in E] twice, k1 in E, k5 in B, k2 in E, [k1 in E, k1 in B] twice, k2 in B, k5 in E, k1 in B, [k2 in B, k1 in E] twice, k2 in E, [k1 in E, k2 in B] twice, k1 in B, k5 in E, k2 in B, [k1 in B, k1 in E] twice, k2 in E, k5 in B, k1 in E, [k2 in E, k1 in B] twice, k1 in B, k1 in E.

Round 52: [K1 in E, k3 in B, k3 in E, k1 in B] twice, [k2 in B, k3 in E, k1 in B] twice, k1 in E, k3 in B, k6 in E, k3 in B, k1 in E, k1 in B, [k3 in E, k3 in B] 3 times, k1 in E, k1 in B, k3 in E, k3 in B, k1 in E.

Round 53: K1 in E, [k2 in B, k2 in E, k1 in B] twice, k2 in E, k5 in B, k4 in E, [k1 in E, k2 in B] twice, [k3 in E, k2 in B, k1 in E] twice, k2 in E, [k2 in B, k1 in E] twice, k4 in E, k5 in B, k2 in E, [k1 in B, k2 in E, k2 in B] twice, k1 in E.

Round 54: K1 in E, k1 in B, k2 in E, k5 in B, [k1 in E, k1 in B] twice, k5 in B, k5 in E, [k1 in E, k1 in B] twice, k5 in E, [k2 in B, k2 in E] twice, k2 in E, [k1 in E, k1 in B] twice, k6 in E, k5 in B, [k1 in B, k1 in E] twice, k5 in B, k2 in E, k1 in B, k1 in E.

Round 55: K2tog in E, k1 in E, k6 in B, k3 in E, k4 in B, [k1 in B, k1 in E] twice, k4 in E, k3 in B, k4 in E, [k2 in E, k1 in B] twice, k6 in E, k3 in B, k4 in E, [k1 in E, k1 in B] twice, k4 in B, k3 in E, k6 in B, k1 in E, ssk in E.

Round 56: K68 in E.

Round 57: K2tog in E, k64 in E, ssk in E.

Rounds 58-59: [K1 in C, k14 in D] twice, k6 in D, [k14 in D, k1 in C] twice.

Round 60: [K1 in C, k2 in D] twice, k6 in D, [k3 in D, k1 in C, k3 in D] twice, [k1 in C, k5 in D, k1 in C] twice, k1 in D, [k4 in D, k1 in C] twice, k9 in D, [k2 in D, k1 in C] twice.

Round 61: [K1 in C, k1 in D] 3 times, k2 in D, k3 in C, k1 in D, [k3 in D, k1 in C] 3 times, [k1 in D, k1 in C] twice, k3 in D, k4 in C, k3 in D, [k1 in C, k1 in D] twice, k1 in D, [k3 in D, k1 in C] twice, k4 in D, k3 in C, k2 in D, [k1 in D, k1 in C] 3 times.

Round 62: K1 in C, [k2 in D, k1 in C] twice, [k2 in C, k1 in D] twice, [k2 in D, k1 in C, k2 in D] twice, k3 in D, k1 in C, k3 in D, [k2 in C, k2 in D] twice, k1 in D, k1 in C, k1 in D, [k4 in D, k1 in C] twice, k2 in D, [k1 in D, k2 in C] twice, k1 in C, [k2 in D, k1 in C] twice.

Round 63: K1 in C, k4 in D, k2 in C, [k1 in C, k3 in D] 5 times, [k2 in D, k2 in C, k2 in D] twice, k4 in D, [k3 in D, k1 in C] 4 times, k2 in C, k4 in D, k1 in C.

Round 64: K1 in C, k3 in D, k2 in C, k2 in D, [k3 in D, k1 in C] twice, k2 in D, [k2 in D, k1 in C] twice, k1 in C, k3 in D, k10 in C, k3 in D, k2 in C, [k1 in C, k1 in D] twice, [k3 in D, k1 in C] twice, k5 in D, k2 in C, k3 in D, k1 in C.

Round 65: [K1 in C, k3 in D] twice, k2 in D, k2 in C, [k3 in D, k1 in C] 3 times, k2 in C, k1 in D, k2 in C, [k3 in D, k2 in C] twice, k1 in D, k1 in C, [k1 in C, k1 in D] twice, k1 in D, k1 in C, [k3 in D, k1 in C] twice, k1 in C, k2 in D, [k3 in D, k1 in C] twice.

Round 66: K1 in C, k3 in D, [k1 in C, k4 in D, k1 in C] twice, k2 in D, [k2 in D, k1 in C] twice, k4 in C, k1 in D, [k2 in D, k1 in C] twice, k3 in D, k3 in C, k1 in D, [k1 in D, k1 in C] twice, [k4 in D, k1 in C] twice, k1 in C, k1 in D, [k3 in D, k1 in C] twice.

Round 67: K1 in C, k2 in D, k2 in C, [k4 in D, k1 in C, k1 in D] 3 times, k1 in D, k3 in C, [k3 in D, k1 in C, k1 in D] twice, [k2 in D, k1 in C, k3 in D, k1 in C] twice, k1 in D, [k4 in D, k1 in C] twice, k1 in C, k2 in D, k1 in C.

Round 68: [K1 in C, k2 in D] twice, k2 in D, k2 in C, k1 in D, [k4 in D, k1 in C] 3 times, [k1 in C, k2 in D, k1 in C, k1 in D] 3 times, k1 in D, k2 in C, [k1 in D, k1 in C, k3 in D] twice, k2 in D, k2 in C, k2 in D, [k2 in D, k1 in C] twice.

Round 69: [K1 in C, k2 in D] twice, k1 in D, k2 in C, [k3 in D, [k3 in D, k1 in C] twice] twice, k2 in D, [k2 in D, k1 in C, k1 in D] twice, k1 in C, [k1 in C, k3 in D] 3 times, k3 in D, k2 in C, k1 in D, [k2 in D, k1 in C] twice.

Round 70: K1 in C, k2 in D, [k2 in C, k1 in D] twice, k1 in D, [k2 in D, k1 in C] twice, k8 in D, [k2 in D, k1 in C, k4 in D, k1 in C] twice, k2 in C, k8 in D, [k1 in C, k2 in D] twice, k2 in D, [k2 in C, k1 in D] twice, k1 in D, k1 in C.

Round 71: K1 in C, [k3 in D, [k1 in C, k1 in D] twice] twice, k1 in C, k1 in D, k7 in C, k2 in D, k1 in C, k1 in D, [k1 in C, k3 in D, k1 in C] twice, [k1 in D, k2 in C] twice, k5 in C, k1 in D, k1 in C, [[k1 in D, k1 in C] twice, k3 in D] twice, k1 in C.

Round 72: K1 in C, k2 in D, [[k1 in D, k1 in C] twice, k5 in D, k1 in C, k1 in D] twice, k1 in D, k1 in C, [k1 in C, k1 in D] twice, k4 in D, [k1 in D, k1 in C] twice, k1 in C, [k2 in D, k1 in C, k4 in D, [k1 in D, k1 in C] twice] twice, k3 in D, k1 in C.

Round 73: K1 in C, k3 in D, k3 in C, k7 in D, [k1 in D, k1 in C] 3 times, k1 in C, [k1 in C, k1 in D] twice, k2 in D, k1 in C, [k1 in C, k1 in D] twice, [k2 in D, [k1 in D, k1 in C] twice, k1 in C] twice, [k1 in C, k1 in D] 3 times, k7 in D, k3 in C, k3 in D, k1 in C.

Round 74: K1 in C, k4 in D, k6 in C, k3 in D, [k1 in D, k1 in C] 3 times, k2 in C, k1 in D, k1 in C, k4 in D, k2 in C, [k1 in D, k1 in C, k1 in D] twice, k2 in C, k4 in D, k1 in C, k1 in D, k2 in C, [k1 in C, k1 in D] 3 times, k3 in D, k6 in C, k4 in D, k1 in C.

Round 75: [K1 in C, k2 in D] twice, k6 in C, k3 in D, k1 in C, k1 in D, [k2 in C, k3 in D] twice, k2 in D, [k2 in C, k1 in D] 3 times, k1 in D, [k3 in D, k2 in C] twice, k1 in D, k1 in C, k3 in D, k6 in C, [k2 in D, k1 in C] twice.

Round 76: [K1 in C, k1 in D] 3 times, k1 in D, k2 in C, k6 in D, k1 in C, k2 in D, k2 in C, [k1 in D, k2 in C, [k3 in D, k1 in C] twice, k1 in C, k1 in D] twice, k2 in C, k2 in D, k1 in C, k6 in D, k2 in C, k1 in D, [k1 in D, k1 in C] 3 times.

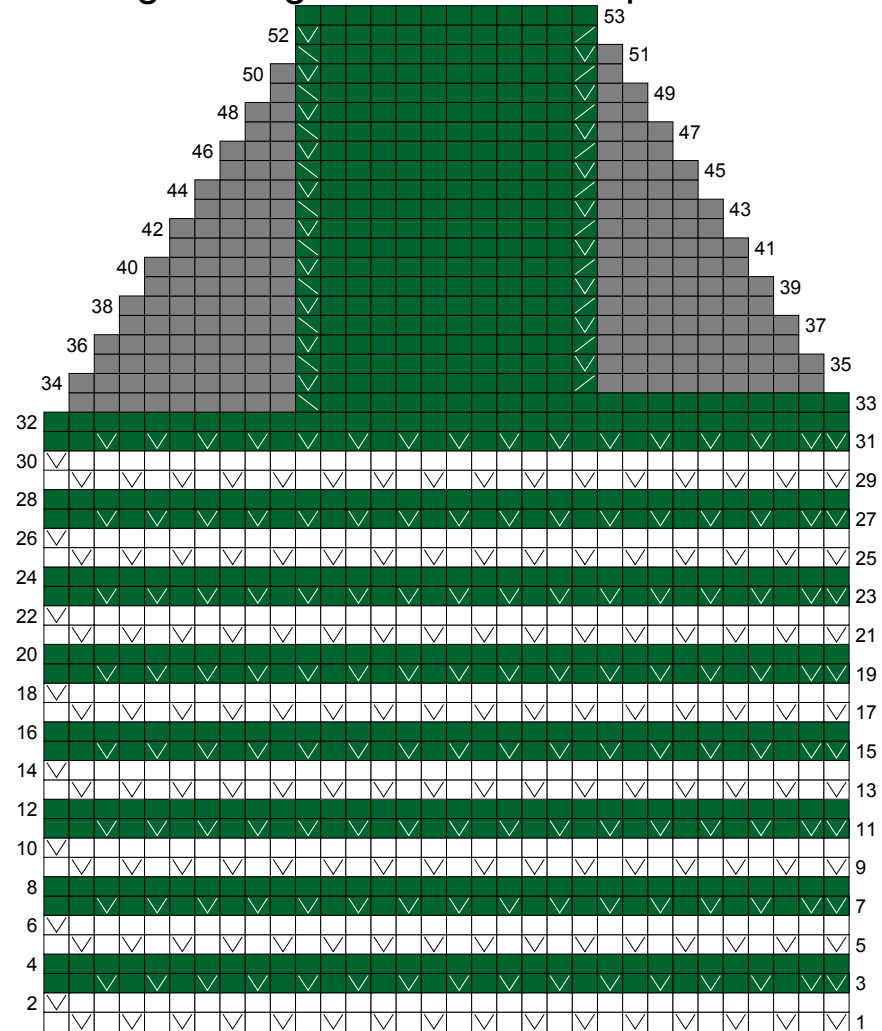
Round 77: K1 in C, k2 in D, k1 in C, k1 in D, [k3 in D, k1 in C, k3 in D] twice, k2 in C, [k1 in C, [k4 in D, k1 in C] twice, k2 in C] twice, [k3 in D, k1 in C, k3 in D] twice, k1 in D, k1 in C, k2 in D, k1 in C.

Round 78: [K1 in C, k14 in D] twice, k6 in D, [k14 in D, k1 in C] twice.

Round 79: K66 in B.

Round 80: K50 in B.

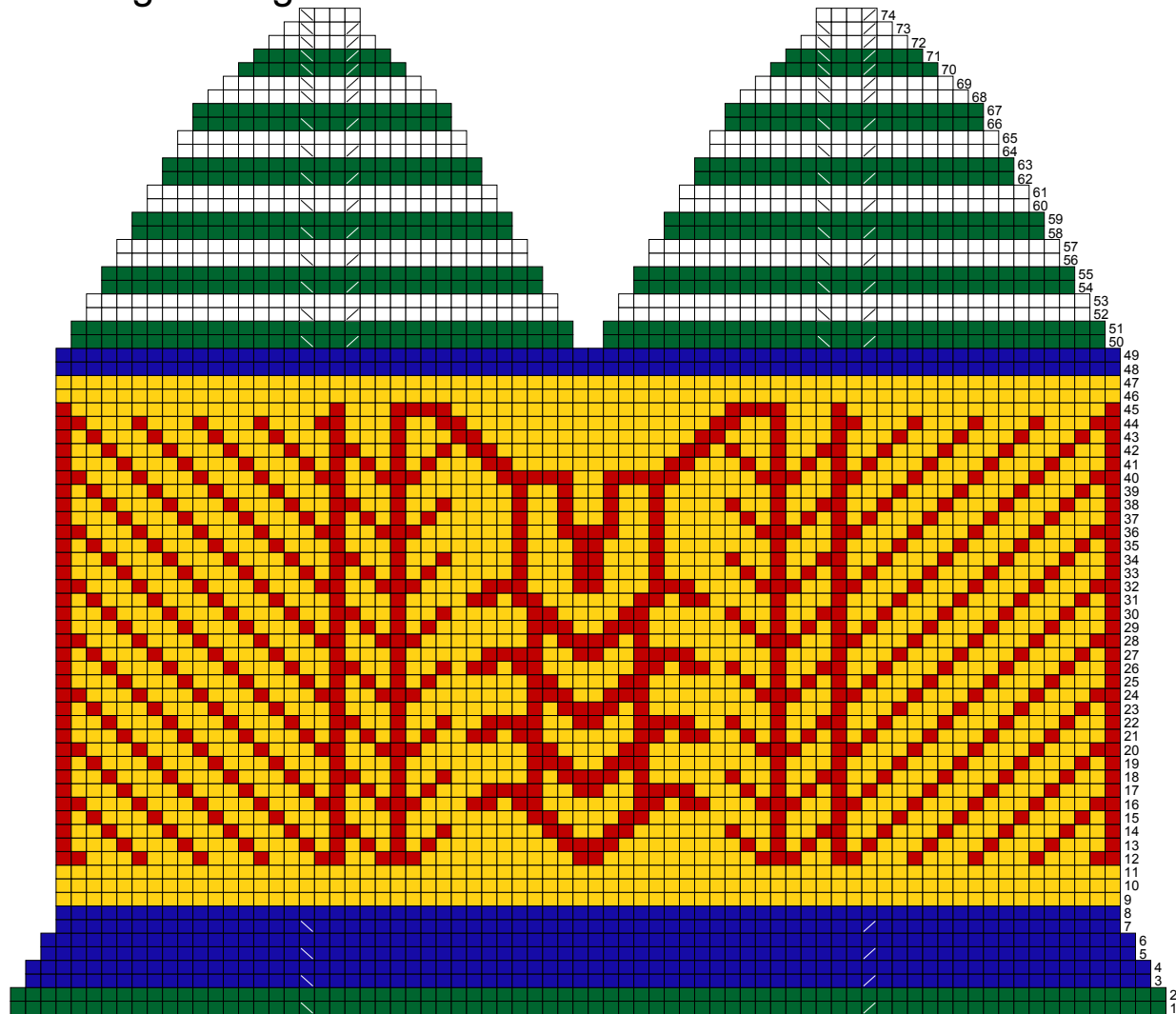
Walking Through China Heel Flap and Heel Turn



Yarn		Stitches	
	8505 White (B)		No stitch
	8894 Christmas Green (C)	<div style="position:absolute; top:-2px; left:-2px; right:-2px; bottom:-2px; border-top:1px dashed black;"></div>	RS: k; WS: p
		<div style="position:absolute; top:-2px; left:-2px; right:-2px; bottom:-2px; border-top:1px dashed black; border-left:1px dashed black;"></div>	RS: s1; WS: s1 wyif
		<div style="position:absolute; top:-2px; left:-2px; right:-2px; bottom:-2px; border-top:1px dashed black; border-left:1px dashed black; border-right:1px dashed black;"></div>	WS: p2tog
		<div style="position:absolute; top:-2px; left:-2px; right:-2px; bottom:-2px; border-top:1px dashed black; border-left:1px dashed black; border-right:1px dashed black; border-bottom:1px dashed black;"></div>	ssk

Row 1: [S1 in B, k1 in B] 16 times.
Row 2: S1 wyif in B, p31 in B.
Row 3: S1 in C, [s1 in C, k1 in C] 15 times, k1 in C.
Row 4: P32 in C.
Rows 5-32: Repeat rows 1-4.
Row 33: K21 in C, ssk in C.
Row 34: S1 wyif in C, p10 in C, p2tog in C.
Row 35: S1 in C, k10 in C, ssk in C.
Rows 36-51: Repeat rows 34-35.
Row 52: S1 wyif in C, p10 in C, p2tog in C.
Row 53: K12 in C.

Walking Through China Foot



Yarn		Stitches	
8894 Christmas Green (A)		k	
8505 White (B)		ssk	
9568 Twilight Blue (C)		k2tog	
7827 Goldenrod (D)			
8895 Christmas Red (E)			

Round 1: K19 in A, k2tog in A, k36 in A, ssk in A, k19 in A.

Round 2: K76 in A.

Round 3: K18 in C, k2tog in C, k36 in C, ssk in C, k18 in C.

Round 4: K74 in C.

Round 5: K17 in C, k2tog in C, k36 in C, ssk in C, k17 in C.

Round 6: K72 in C.

Round 7: K16 in C, k2tog in C, k36 in C, ssk in C, k16 in C.

Round 8: K70 in C.

Rounds 9-11: K70 in D.

Round 12: K2 in E, [k3 in D, k1 in E] 4 times, k1 in E, k2 in D, k3 in E, [k10 in D, k2 in E] twice, k1 in E, k2 in D, k2 in E, [k3 in D, k1 in E] 4 times, k1 in E.

Round 13: K1 in E, [k3 in D, k1 in E] 4 times, [k1 in D, k1 in E] 4 times, k8 in D, k4 in E, k7 in D, [k1 in D, k1 in E] 5 times, [k3 in D, k1 in E] 4 times.

Round 14: K1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k1 in E, [k1 in E, k2 in D] 3 times, k4 in D, [k2 in E, k2 in D] twice, k2 in D, [k2 in D, k1 in E] 3 times, k1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k1 in E.

Round 15: K1 in E, [k1 in D, k1 in E, k2 in D] 6 times, k2 in D, [k4 in D, k2 in E] twice, k6 in D, [k2 in D, k1 in E, k1 in D] 6 times, k1 in E.

Round 16: K2 in E, [k3 in D, k1 in E] 4 times, k1 in E, k2 in D, k3 in E, [k3 in D, [k2 in E, k1 in D] twice, k2 in D] twice, k3 in E, k2 in D, k2 in E, [k3 in D, k1 in E] 4 times, k1 in E.

Round 17: K1 in E, [k3 in D, k1 in E] 4 times, [k1 in D, k1 in E] 4 times, k3 in D, k4 in E, [k2 in D, k2 in E] twice, k2 in E, k2 in D, [k1 in D, k1 in E] 5 times, [k3 in D, k1 in E] 4 times.

Round 18: K1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k1 in E, [k1 in E, k2 in D] 3 times, k3 in D, k1 in E, k1 in D, k4 in E, k1 in D, k1 in E, k3 in D, [k2 in D, k1 in E] 3 times, k1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k1 in E.

Round 19: K1 in E, [k1 in D, k1 in E, k2 in D] 6 times, k6 in D, [k3 in E, k2 in D] twice, k4 in D, [k2 in D, k1 in E, k1 in D] 6 times, k1 in E.

Round 20: K2 in E, [k3 in D, k1 in E] 4 times, k1 in E, k2 in D, k3 in E, k3 in D, [k4 in D, k2 in E] twice, k7 in D, k3 in E, k2 in D, k2 in E, [k3 in D, k1 in E] 4 times, k1 in E.

Round 21: K1 in E, [k3 in D, k1 in E] 4 times, [k1 in D, k1 in E] 4 times, k1 in D, [k1 in D, k2 in E] twice, k6 in D, [k2 in E, k1 in D] twice, [k1 in D, k1 in E] 5 times, [k3 in D, k1 in E] 4 times.

Round 22: K1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k1 in E, [k1 in E, k2 in D] twice, [k1 in E, k2 in D, k4 in E, k2 in D, k1 in E] twice, [k2 in D, k1 in E] twice, k1 in E, k1 in D, [k1 in D, k1 in E, k2 in D] 4 times, k1 in E.

Round 23: K1 in E, [k1 in D, k1 in E, k2 in D] 6 times, k6 in D, k1 in E, k1 in D, k4 in E, k1 in D, k1 in E, k6 in D, [k2 in D, k1 in E, k1 in D] 6 times, k1 in E.

Round 24: K1 in E, [k1 in E, k3 in D] 4 times, [k2 in E, k2 in D, k3 in E, k7 in D, k1 in E] twice, k2 in E, k2 in D, k2 in E, [k3 in D, k1 in E] 4 times, k1 in E.

Round 25: K1 in E, [k3 in D, k1 in E] 4 times, [k1 in D, k1 in E] 4 times, k2 in D, [k4 in D, k2 in E] twice, k5 in D, [k1 in D, k1 in E] 5 times, [k3 in D, k1 in E] 4 times.

Round 26: K1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k2 in E, k1 in D, [k1 in D, k1 in E, k1 in D] twice, [k2 in E, k1 in D] twice, k5 in D, k1 in E, [k1 in E, k1 in D, k1 in E] twice, [k2 in D, k1 in E] twice, k1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k1 in E.

Round 27: K1 in E, [k1 in D, k1 in E, k2 in D] 6 times, k3 in D, k4 in E, [k2 in D, k2 in E] twice, k2 in E, k2 in D, [k3 in D, k1 in E] 6 times, k1 in D, k1 in E.

Round 28: K2 in E, [k3 in D, k1 in E] 4 times, k1 in E, k2 in D, k3 in E, k7 in D, k1 in E, k1 in D, k4 in E, k1 in D, k1 in E, k7 in D, k3 in E, k2 in D, k2 in E, [k3 in D, k1 in E] 4 times, k1 in E.

Round 29: K1 in E, [k3 in D, k1 in E] 4 times, [k1 in D, k1 in E] 4 times, k6 in D, [k3 in E, k2 in D] twice, k3 in D, [k1 in D, k1 in E] 5 times, [k3 in D, k1 in E] 4 times.

Round 30: K1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k2 in E, k1 in D, [k1 in D, k1 in E, k1 in D] twice, [k4 in D, k2 in E] twice, k3 in D, [k2 in D, k1 in E] 3 times, k1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k1 in E.

Round 31: K1 in E, k1 in D, k1 in E, [k3 in D, k1 in E] 5 times, [k4 in D, [k2 in E, k1 in D] twice, k1 in D] twice, [k2 in D, k1 in E, k1 in D] 6 times, k1 in E.

Round 32: K2 in E, [k3 in D, k1 in E] 4 times, k1 in E, [k2 in D, k3 in E, k2 in D] twice, k1 in D, k2 in E, k1 in D, [k2 in D, k3 in E, k2 in D] twice, k2 in E, [k3 in D, k1 in E] 4 times, k1 in E.

Round 33: K1 in E, [k3 in D, k1 in E] 4 times, [k1 in D, k1 in E] 4 times, k5 in D, [k1 in E, k3 in D, k1 in E] twice, k4 in D, [k1 in D, k1 in E] 5 times, [k3 in D, k1 in E] 4 times.

Round 34: K1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k2 in E, k2 in D, k1 in E, [k2 in D, k1 in E, k2 in D] twice, k1 in D, k2 in E, k1 in D, [k2 in D, k1 in E, k2 in D] twice, k1 in E, k2 in D, k2 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k1 in E.

Round 35: K1 in E, [k1 in D, k1 in E, k2 in D] 4 times, k1 in D, [[k1 in E, k3 in D] twice, k1 in D, [k3 in D, k1 in E] twice] twice, [k3 in D, k1 in E] 4 times, k1 in D, k1 in E.

Round 36: K2 in E, [k3 in D, k1 in E] 4 times, k1 in E, k2 in D, k3 in E, k6 in D, k1 in E, k2 in D, k4 in E, k2 in D, k1 in E, k6 in D, k3 in E, k2 in D, k2 in E, [k3 in D, k1 in E] 4 times, k1 in E.

Round 37: K1 in E, [k3 in D, k1 in E] 4 times, [k1 in D, k1 in E] 4 times, k3 in D, [k2 in D, k1 in E] 4 times, k4 in D, [k1 in D, k1 in E] 5 times, [k3 in D, k1 in E] 4 times.

Round 38: K1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k2 in E, k2 in D, k1 in E, [[k2 in D, k1 in E, k2 in D] twice, k1 in E, k2 in D, k1 in E] twice, k1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k1 in E.

Round 39: K1 in E, [k1 in D, k1 in E, k2 in D] 6 times, k3 in D, [k2 in D, k1 in E] 4 times, k4 in D, [k3 in D, k1 in E] 6 times, k1 in D, k1 in E.

Round 40: K2 in E, [k3 in D, k1 in E] 4 times, k1 in E, k2 in D, k3 in E, k5 in D, [k5 in E, k2 in D] twice, k3 in D, k3 in E, k2 in D, k2 in E, [k3 in D, k1 in E] 4 times, k1 in E.

Round 41: K1 in E, [k3 in D, k1 in E] 4 times, [k1 in D, k1 in E] 4 times, k3 in D, k2 in E, k10 in D, k2 in E, k2 in D, [k1 in D, k1 in E] 5 times, [k3 in D, k1 in E] 4 times.

Round 42: K1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k2 in E, [k2 in D, k1 in E] twice, k1 in D, k2 in E, k12 in D, k2 in E, k1 in D, k1 in E, [k2 in D, k1 in E] twice, k1 in E, [k2 in D, k1 in E, k1 in D] 4 times, k1 in D, k1 in E.

Round 43: K1 in E, k1 in D, k1 in E, [k3 in D, k1 in E] 6 times, k1 in E, k14 in D, k2 in E, [k3 in D, k1 in E] 6 times, k1 in D, k1 in E.

Round 44: K2 in E, [k3 in D, k1 in E] 4 times, k1 in E, k1 in D, [k2 in D, k1 in E] twice, k1 in E, k16 in D, k2 in E, k2 in D, [k1 in E, k3

in D, k1 in E] twice, [k3 in D, k1 in E] 3 times, k1 in E.

Round 45: K1 in E, k14 in D, [k3 in D, k1 in E] twice, k3 in E, k18 in D, k3 in E, [k1 in E, k3 in D] twice, k14 in D, k1 in E.

Rounds 46-47: K70 in D.

Rounds 48-49: K70 in C.

Round 50: [K15 in A, k2tog in A, k2 in A, ssk in A, k13 in A] twice, k2 in A.

Round 51: K66 in A.

Round 52: [K14 in B, k2tog in B, k2 in B, ssk in B, k12 in B] twice, k2 in B.

Round 53: K62 in B.

Round 54: [K13 in A, k2tog in A, k2 in A, ssk in A, k11 in A] twice, k2 in A.

Round 55: K58 in A.

Round 56: [K12 in B, k2tog in B, k2 in B, ssk in B, k10 in B] twice, k2 in B.

Round 57: K54 in B.

Round 58: [K11 in A, k2tog in A, k2 in A, ssk in A, k9 in A] twice, k2 in A.

Round 59: K50 in A.

Round 60: [K10 in B, k2tog in B, k2 in B, ssk in B, k8 in B] twice, k2 in B.

Round 61: K46 in B.

Round 62: [K9 in A, k2tog in A, k2 in A, ssk in A, k7 in A] twice, k2 in A.

Round 63: K42 in A.

Round 64: [K8 in B, k2tog in B, k2 in B, ssk in B, k6 in B] twice, k2 in B.

Round 65: K38 in B.

Round 66: [K7 in A, k2tog in A, k2 in A, ssk in A, k5 in A] twice, k2 in A.

Round 67: K34 in A.

Round 68: [K6 in B, k2tog in B, k2 in B, ssk in B, k4 in B] twice, k2 in B.

Round 69: [K5 in B, k2tog in B, k2 in B, ssk in B, k3 in B] twice, k2 in B.

Round 70: [K4 in A, k2tog in A, k2 in A, ssk in A, k2 in A] twice, k2 in A.

Round 71: [K3 in A, k2tog in A, k2 in A, ssk in A, k1 in A] twice, k2 in A.

Round 72: [K2 in B, k2tog in B, k2 in B, ssk in B] twice, k2 in B.

Round 73: K1 in B, [k2tog in B, k2 in B, ssk in B] twice, k1 in B.

Round 74: K2tog in B, k6 in B, ssk in B.

Stitch Glossary

k

Knit.

k2tog

Knit 2 stitches together.

No stitch

This stitch is ignored.

p

Purl.

p2tog

Purl 2 stitches together.

ssk

Slip 2 stitches knitwise, then knit slipped stitches together.

s1

With the working yarn in back, insert the right needle into the next stitch as if to purl and transfer the stitch from the left needle to the right.

s1 wyif

With the working yarn in front, insert the right needle into the next stitch as if to purl and transfer the stitch from the left needle to the right.